



**NEPEAN SENIORS RECREATION CENTRE**

Nepean Sportsplex, 1701 Woodroffe Avenue  
Ottawa, Ontario

***September/October, 2023***

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**The Nepean Seniors Centre  
Staff Team Welcome You!**

Maureen Moynahan

Welcome back everyone! Fall brings renewed routines as we get back to our membership activities and registered course here at the City of Ottawa's Nepean Seniors Centre.

My name is Maureen Moynahan, and I am the Program Coordinator joining you this fall. I have worked with the City of Ottawa for the past 30 years. My last 10 years have been with Kanata Senior's Center. I enjoy working in the Parks and Recreation Department because my job as a Program

Coordinator allows me to meet all of you in such an engaging and fun environment. The city of Ottawa Fall and winter Registration is open now. You can register in person or online at

<https://ottawa.ca/en/recreation-and-parks/older-adult-activities>

The new fall activities schedule is available at the front desk. If you have any questions or want to pop in to say I encourage you to do so.



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## ACTIVITIES

### CREATIVE CRAFTERS

*by Audrey M. Fitzpatrick*

**Please Note: The crafters are moving from Hall F to the Heritage Room and our day will be Friday from 9-11 a.m.**



We are extremely excited about the new location as it will bring us into the mainstream and allow easy access to anyone wanting to visit us or to buy our items. We would like to thank Maureen and Dale for their help, cooperation and encouragement in making this move possible. We resume crafts on **September 8<sup>th</sup>**.

Our sale table at the Canada Day event was very successful. We sold our “doggy” quilt as well as a baby quilt and numerous other items. Thank you.

Our showcases are located by the elevator and in the Heritage Room. The front desk will assist if you wish to purchase an item. Remember all monies remain here at the Centre.

We hope to attract and welcome new members. No experience is necessary as we have ladies who can help. We meet on **Friday from 9- 11 a.m. in the Heritage Room.**

Our wall hanging that is in the Heritage Room.



### CHAIR'S REPORT

*By Janet Laframboise*

I hope everyone enjoyed their summer, what with the extreme heat, tornados, and lots of rain. At least it is behind us and time to start thinking about returning to our activities held at the Nepean Seniors Recreation Centre. It is always a good practice to check out our website for the activity listings, so you are always in the loop on what is happening at the Centre.

Our Annual Open House and AGM meeting will be held on October 18, 2023, and is something not to be missed. Further information will be provided closer to the date.

July 5<sup>th</sup>, we held our Canada Day celebration, and it was a fun time had by all. Line dancing was a big hit and I enjoyed watching as our seniors provided an excellent showcase of their talents.

The Ice Cream Social held August 2<sup>nd</sup> was also a success with 50 people in attendance. If you missed it this year, there is always next year. It is a way to enjoy your ice cream, and to get to know other members. Social activities are very important for each of us, something we learned during Covid 19.

We are urgently looking for members to join our Volunteer Management Committee, so why don't you join us for a meeting and meet the Members to see if this is something you would

like to be part of. We are a friendly bunch and don't bite, come, and see for yourself.

## **DUPLICATE BRIDGE**

*by Art McCready*



Fall is fast approaching and we are looking forward to getting some old and some new members back to duplicate bridge. Numbers are not high, but we have been consistent with 5 to 7 tables on Thursday afternoon and 4 to 6 tables on Friday afternoon.

We have been back at bridge for almost 2 years now. I love running the games and I will continue to help out, but we need more people to help out. I need to know if there is anyone who can help on a regular basis. Please let me know if you are willing to help. Here are the things we need help with:

1. Setup for the game. We don't need to set up tables and chairs, we just need to put out our stuff.
2. Tear down and put stuff away.
3. Director for the games.
4. Someone to keep track of our members' names and email addresses.
5. Someone to help our members find a partner for a game.
5. Scoring of the results.
6. Duplicate bridge article for the eHUB.

If you need more information please email me at [ArthurMcCready@gmail.com](mailto:ArthurMcCready@gmail.com). Also, if you want to play and you need a partner please email me. If you want to see the results each week, just send me your email address and I will include you in the duplicate bridge results email.

## **CRIBBAGE** *by Sadie Adamson*

Welcome to all our cribbage players.

We play on Thursday afternoon starting at 1pm until 3pm in the Heritage room. Please present

yourself at 12:45 so we can allocate enough tables to accommodate everyone.

Aug.17th was a memorial day for Steve McIntyre as he had a 24 hand followed by a 28 hand. Nice going Steve.

That day was also good for Doug Miller as he won all 8 games. Well done Doug. A big thank you to Claire Thibeault for taking over the 50/50 draw. It going well with a new winner every week. Profits go toward organized lunches and the annual Christmas party.

On a sadder note, Ted Small (loved to play cribbage) passed away on July 24 2023. He is missed by everyone who knew him.

## **CURLING** *by Bob Streicher*



Hoping everyone is enjoying their summer. Unfortunately, we still have a while yet before the new curling season gets started. Curling is scheduled to begin on November 21st and go until March 14th of 2024.

See you out on the ice!

## **BID EUCHRE** *by Reg Hall*



The Bid-Euchre Group now meets on Mondays at 12:30 to 3:00. We are currently a group of over 30 active members who have gotten together to play a more complex version of the traditional euchre game.

Bid-euchre is played with 2 card decks, using the Jacks to the Aces. Players bid the number of tricks their team (2 player teams) will win in each hand. Points are awarded based on the achievement (or not) of the suit/bid.

Currently (as a of our July 31st games), the following have been the highest scores recorded this year:

Elaine Dinelle - 253 points  
Sherry Hall - 246 points

Barb Thompson - 241 points

The highest average scores, to-date (minimum of 5 games played):

Gail Chapman - 176 points average  
Bill Pennock - 176 points average  
Stephanie Barrett - 174 points average

Why don't you come out and try challenging these leaders, and enjoy a coffee and one of Sherry Hall's delicious treats every week?

Feel free to join us every Monday (except Stats) in the Heritage Room.

### **EUCHRE**

*By Barbara Yurkoski*



Euchre continued over the summer in air-conditioned comfort and several new players joined the group. The annual Awards Luncheon will be held on September 12, with prizes for the 2022/23 season. Awards are given for overall best average, best female average, best male average, most lone hands and best one-day score. If you're looking for an activity for the fall and winter, come out on Tuesdays for an enjoyable afternoon of cards with our friendly group.

### **FUN BRIDGE** *by Wilma Matchett*

NO REPORT PROVIDED



### **FIVE HUNDRED**

*by Andy Shorthouse*

Summer is coming to an end along with golf and camping so why not give 500 a try. We are always looking for new players to come and join us. At present we are averaging 3 to 4 tables of players. We play on Thursdays from 12:30 pm to 3 pm in the senior center. If you are looking for a few laughs and friendly game of cards come check us out.



High scores for July and August

Arnold Baldwin. 4840  
Elaine Dinelle. 4600  
Elaine Dinelle. 3950

### **5-PIN BOWLING** -*By Marsha and Roger Hack*



The 5-pin Nepean Seniors bowling season begins once again on Mon., Sept. 11th, at the Merivale Bowling Centre, 1916 Merivale Road (south of Hunt Club Road). It is recommended that bowlers arrive by 12:30 to allow time for lane assignments, payment of fees, etc. Bowling begins at 1:00 p.m.

As this is strictly a social league, i.e. no set teams or standings, new bowlers are always welcome any time during the season. The season runs through to April 22nd inclusive.

The weekly 3-game fee will be \$16.00, of which \$1.00 will go towards restaurant food costs and prizes at the Christmas and end-of-season parties. Weekly 50-50 tickets will be available @ 1 for \$1.00 or 3 for \$2.00.

For further information, please contact:

Roger Hack, [hackrandm@sympatico.ca](mailto:hackrandm@sympatico.ca), 613-225-1420

### **SHORT MAT/LAWN BOWLING** *by Larry Myers*



We close down for the summer. We will begin on September 6 with games on Monday from 1:00 to 4:00 and Wednesdays from 1:00 to 4:00 and 6:00 to 9:00. There has been interest from several people to begin the fall and winter season.

### **SIXTY-SIX** *by Emil Dukovac*

NO REPORT PROVIDED

## **NEPEAN SONGSTERS**

*by Suzan Ascroft*

Are you a person who sings in the shower? Is the nightly campfire sing-a-long your favourite part of summer?

Do you love piano bars where they want you to join in on the chorus?

Then you need to join the Nepean Songsters. We meet at the Nepean Sportsplex every Thursday morning at 9:30 and for two hours, we sing all your favourite songs.

Once a month, we entertain at senior's residences in the area.

We have a musical director to keep us in line and a pianist to keep us in tune.

There is no audition, and you never have to sing solo.

Come try us once and you will see that the Songsters are the perfect activity for you.

Our season begins on September 7th. See you then.

## **VOLUNTEER COORDINATION**

*By Dorothy Latour*



Volunteers have reported hours in the year of 2023. Volunteer hours are reported for anything and everything you do to help with any of the events/activities held by the Nepean Seniors Recreation Centre. You can forward your hours to me at [dorothy.latour@sympatico.ca](mailto:dorothy.latour@sympatico.ca).

