



NEPEAN SENIORS RECREATION CENTRE

Nepean Sportsplex, 1701 Woodroffe Avenue
Ottawa, Ontario

July /August 2024

E-mail: Karim.Ahmed@ottawa.ca

The Nepean Seniors Centre Staff Team Welcome You! Karim Ahmed

Program Coordinator's Report *by Karim Ahmed*

Thank you for the warm welcome! I have been blessed with the opportunity to work here at the Nepean Seniors Centre, and I am thankful to be a part of the already thriving community within the Centre's walls. Make sure to keep an eye out for Program Registration which begins August 15, 2024, at 9 p.m. online, and August 16, 2024 in person. Expect to see all your favourite fitness registration programs, as well as some exciting new options.

Feedback Information Session - May 21, 2024.
Thank you to everyone who spoke with us at the feedback session.

The following changes have already been implemented as result of the feedback:

- Feedback/Comment Box is now available next to the coat rack.
- Social events are an essential part of the experience and will continue to be available.
- Additional fans purchased for summer shuffleboard to address the heat.
- A review of additional program opportunities is being conducted.

Please reach out at any time to further discuss your feedback or concerns.

Karim.Ahmed@Ottawa.ca

BOARD CHAIR *by Steve McIntyre*

I would like to introduce myself as the new chairperson of the volunteer mgt. board here at the Nepean seniors centre. I am retired from the Federal gov't and have been a member of this seniors centre for 21 years. I am recycled as I served as board chair over 10 years ago. I hope we as a board can meet your expectations through our many activities as well as our special events.

ACTIVITIES

CREATIVE CRAFTERS

by Audrey M. Fitzpatrick



After a very busy spring, the crafters are ending their season on June 28th. Our year has been very rewarding. Being in the Heritage Room allowed us to replenish our showcase on a weekly basis making us more visible with increased sales.

Among the latest items are delicately crocheted triangular scarves and shawls that would enhance the neckline of a dress or coat. We also have lovely placemats suitable for summer entertaining. There is also a display of children's dresses, many with matching hats as well as sundry other items. Our latest "kitty" quilt is finished and will be on sale at the Canada Day Event on July 4.

We would like to thank those who have donated fabric and wool. Without your generosity we could not provide the wide range of items we make. A special thank you to Janet Laframboise for her donation of a serger as well as fabric and wool. Also to our crafter, Liz who does our quilting. Last but not least a thank you to Karim for his help and encouragement.

We wish everyone a safe and pleasant summer. We will be reconvening in early September on

Friday from 9 a.m.- 11 a.m. in the Heritage Room.

New members are always welcome, and experience is not needed as we have experienced ladies to help.

On a sad note: The crafters have lost one of our original members, Georgina Hanna, who recently passed away. She was a very special lady.

DUPLICATE BRIDGE

by Art McCready



Summer is here and our numbers are looking good. We are getting 6 to 8 tables on Thursday afternoon and the same on Friday afternoon. We are still looking for help to run and score our games. Without volunteers we can't run these games.

On Thursday May 2/2024 we celebrated Jim Shurtiff's and Milt Pelley's time at the Nepean Senior Centre. They have put in over 30+yrs of volunteering at the Nepean Senior Center, playing, directing, scoring and being a mentor in the process. Congrats guys.

CRIBBAGE

by Sadie Adamson

Cribbage is in full swing on Thursday of each week in the Heritage room. Play starts at 1pm until 3pm or there about.



So if you want to be a part of it, present yourself at 12:45 so that we can allocate enough tables to accommodate everyone.

I want to thank Mark Beauchamp for looking after the stats for the club.

I am happy to report that we have 9 new cribbage players. Welcome everyone.

CURLING by Bob Streicher



Our curling season has progressed nicely again this year, but unfortunately the season will soon be coming to an end. Plans are underway for our year end play-off events, on March 12th and

14th, and for our year-end luncheon, on March 14th. Even still, we welcome new curlers at any point of the season, no matter your level of experience.

We play at the Nepean Sportsplex, at 9 am every Tuesday and Thursday morning, but we ask everyone to be there at least 15 minutes beforehand, to allow us to make up teams. Coffee, snacks and an opportunity to socialize, are provided afterwards. Come when you can, there is no requirement of being available every day that we play. We make teams up each day, based on who is available on that day.

BID EUCHRE by Reg Hall



Our Bid-Euchre Group meets on Mondays at 12:30 until 3:00 in the Heritage Room (all summer BTW). Attendees are encouraged to arrive by 12:20 at the latest, to ensure a timely start to card play.

To play, you must be in possession of your annual Senior's Centre Membership card.....remember to "swipe" it in at the reader on the office desk.

We are currently a group of some 40 active members who get together to play a more complex version of the traditional euchre card game.

Bid-euchre is played with 2 card decks, using Jacks to the Aces. Players bid the number of tricks their team (normally 2 player teams) will win in each hand. Points are awarded based on the achievement (or not) of the suit/bid.

If you have a working knowledge of how to play traditional euchre, then you should consider coming out and trying this version.

To date in 2024 (as of June 3rd), the following scores have highlighted our year for members attending 10 or more games:

Overall Highest Average for 2024
John Jarvis with a score of 189.4
Elaine Dinelle with a score of 188.1
Ed Hakka with a score of 181.0

Highest Single Day Score

Diane Pennock with 245
Arnold Baldwin with a score 243

Doug Hicks with a score of 242

"MoonShots" To-Date

Sherry Hall with 4
John Jarvis with 4
John MacMillan with 4

EUCHRE By Barbara Yurkoski



Peter Wueppelmann kept things running smoothly while our leader Donna Caron was off for knee replacement surgery. Good job Peter, and nice to have Donna back, with her new knee. New players keep joining us every week. The number of players averages 60 each week, giving players lots of opportunity to play cards and socialize with a variety of people. Eugene Brazeau had a high score of 83 after 9 games!

We're a friendly bunch so please come out and join us on Tuesday afternoon.

CONTRACT BRIDGE by Frank Carbonette

Attendance

We are averaging a about 7 tables per week. You don't need to be an expert to enjoy an afternoon of bridge.

Slams, Bid & Made

During the month of April, Gudi & Peter Freeman, Evie Snarr & Judy Corbett bid and made a small slams non-vulnerable. Art McCready & Verna Toy bid & made 3 small slams all non-vulnerable. Jon Nielson &

Butch Carmichael bid & made a grand slam, non-vulnerable.

During the month of May, Arnold Baldwin & Elaine Dinelle made a small slam non-vulnerable. Gudi & Peter Freeman made a small slam non-vulnerable. Congratulations to all.

Using the Stayman System

The Stayman System allows you to find a 4 card major suit fit after your partner opens 1NT. Using a 2 club response to a 1NT opening is asking your partner for a four card major and invokes the Stayman system.

- A 2D response says I have no four card major.
- A 2H response says I have 4 hearts and may also have 4 spades.
- A 2S response says I have 4 spades but I do not have four hearts.
- No other responses are allowed.

Basic requirements are 8 high card points, and at least one 4 card major suit. You should not use Stayman with a 4-3-3-3 split.

Anyone wanting to join the Bridge group for a Wednesday afternoon of fun bridge should register with the front desk at the back of the Sportsplex or send an email to frank.carbonette@gmail.com. Good Luck in your Bridge!

FUN BRIDGE by Evie Snarr

Hello everyone! We are back after many hit and miss months. We still meet to play bridge on Friday afternoons in the Heritage Room, officially from 1:00 - 3:30 although the die hards arrive much earlier to start playing. We have seen many new members join our group and we welcome them, but we are still way below the number of players we had before covid shut us down which is almost two years ago. We try to accommodate everyone who is there by 1:00 providing we have enough people to make up tables of three.



FIVE HUNDRED by

Andy Shorthouse



It has been nice to see summer finally arrive. Hopefully, some of our golfing enthusiasts will return on rain days during the summer season. We still are getting up to 4 to 6 tables of players. We are always looking for more players to come and join us. We play on Thursdays from 12:30 pm to 3 pm in the senior center. If you are looking for a few laughs and friendly game of cards come check us out.

The high scores for Feb to May are:

Marjorie Nelson.	4840
Sue Tucker.	4790
Arnold Baldwin.	4750

FIVE PIN BOWLING by Roger Hack

Monday, April 22nd, was our final day of bowling for the 2023/24 season and was followed immediately afterwards by the end-of-season party at the Mandarin Restaurant. Special achievements during the season were announced and awards presented as follows:



High Average

Men: John Gregoire 186.6
Women: Elaine Atkinson 166.8
High Game (Scratch)
Men: Brian Matthews 263
Women: Marsha Hack 289
High Series (Scratch)
Men: John Minaker 608
Women: Linda Ross 596
High Game (Handicap)
Men: Randy Quinn 294.8
Women: Jocelyne Sauve 333.8
High Series (Handicap)
Men: Ted Tozer 771.2
Women: Joyce Moore 763.8

We hope to see everyone again next season (beginning on September 9th).

(We bowl Mondays at 1:00 p.m. at the Merivale Bowling Centre, 1916 Merivale Road, and newcomers are always welcome to join us.)

Wishing all an enjoyable summer! (Contact: Roger Hack / hackrandm@sympatico.ca / 613-225-1420;

SHORT MAT/LAWN BOWLING by Faye Schultz

As everyone knows short mat will resume in September (exact date to be confirmed later) but, in the meantime we will be participating in the seniors centre Canada Day event. This will be held July 4th between 11:00 and 2:00 p.m.

So if you haven't tried short mat come out and try it.

To all our current short mat participants I hope you are enjoying your summer activities, whether they are lawn bowling, golf or anything else.

SHUFFLEBOARD by Mike Hughes

Shuffleboard is a year round sport played on the CONCOURSE, on Mondays and Wednesdays from 1:00 to about 3:00 PM.

We play 4 games and draw tokens for each game to determine on which of the 7 courts you will play.

We do not keep records of scores nor are you assigned to a team, so how well you do is just part of the experience. We have beginners, and those with more experience who are always willing to help newer people. In the four games one might play - with the same or against the same person - all depending on the token one draws.

Discs and cues are available for use.

We have four crews to look after the set-up and clean-up for each day. With help from many of the members, those tasks are made easy.

Our numbers are relatively consistent. We have 28 spaces on the 7 courts. If we have more than 28, we try our best to get everyone to play at least three games.

It is just a fun activity, with a bit of exercise thrown in ...

SIXTY SIX by Emil Dukovac

Will resume again in September



SONGSTERS Susan Ascroft

The 2023/2024 season was very successful. The audiences at our singouts sang, tapped their feet and smiled. It was very rewarding for the performers and lots of fun too. Our repertoire ranged from All I Have to Do is Dream to Zip-a-Dee-Doo-Dah and from bouncy ditties to romantic ballads.



The Nepean Songsters have begun their summer break. We will start the 2024/25 season on September 12.

The first singout will be on September 24th. We have already booked singouts on November 5th at Stirling and December 17th at Stonehaven.

Musical director Heather Lynn Smith and pianist Devon Wastle-Thivierge will be returning next year. They are very talented, and we are grateful to them for their work.

This year there were forty members of the choir. We would like to increase that number to our pre-Covid size of 60 singers. To that end, we will host a Bring-A-Friend event with a coffee party/practice on September 26th. Everyone is welcome to come try us out. Practice takes place on Thursday mornings from 9:30 to 11:30 in the Heritage Room

We would like to encourage people in the choir who might want to sing duets or in small groups at the singouts. Others might take a turn sharing the MC duties. As well, the music committee is starting to look at next season's repertoire and suggestions are welcome.

The Nepean Songsters have been singing together for 30 years and plan to continue for at least 30 more.

VOLUNTEER

By Dorothy Latour

Volunteers have reported hours in the year of 2023. Volunteer hours are reported for anything and everything you do to help with any of the events/activities held by the Nepean Seniors Recreation Centre. You can forward your hours to me at dorothy.latour@sympatico.ca.

RESIGNATION

It is with regret that I find I am no long in the position to keep doing The Hub. I am appealing to the membership to give it a try. Without volunteers, there would be nothing at all. I have done this now for over 10 years. It takes me about three or four hours every second month to do the newsletter. The people you deal with are amazing. If interested, please email me for info. My email is betsyshorthouse@gmail.com