

NEPEAN SENIORS RECREATION CENTRE

Nepean Sportsplex, 1701 Woodroffe Avenue
Ottawa, Ontario

July/August, 2023

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**The Nepean Seniors Centre
Staff Team Welcome You!**

Jennifer Stewart

If you are a new or recruiting member, we look forward to welcoming you back to our center! Summer is here and a lot of our members are taking the time to travel, camp or fulfill their grandparent duties – I wish you all a relaxing and enjoyable summer with your family and friends. While our

summer programming becomes modified there are still lots of activities happening here at the Centre including summer fitness which begins in the coming weeks, Military Whist and upcoming events including Canada Day, and the Ice Cream Social. Our learning series will resume in the Fall with lectures from Ottawa Police Fraud Prevention and Ottawa Public Health on mental health. I want to thank those who have begun introducing new activities to our centre including Bid Euchre, Whist, Arts & Crafts and our Garden Club. I encourage you to take a look around our facility and schedule to see these new programs being introduced.

Tara White who joined our team in previous months has received an acting Full-Time opportunity with the City at the Nepean Sportsplex but not within our Centre, we wish her all the best on her new endeavors. As most of us are aware, I am expecting a Baby with a due date of August 28th – unfortunately at this time we do not know who will fill my shoes, more information to come.

The Nepean Sportsplex is celebrating their 50th Anniversary, take a stroll to entrance 1 to see a 1964 Ford Bel-Air original Nepean Police Car, as well near entrance 2 and the curling rink you will find a display of past articles and items that helped

the centre open 50 years ago, including a visit from at the time, Prince. Charles. We have reached out to the King but unfortunately have not heard back – wouldn't that be neat?

ACTIVITIES

CREATIVE CRAFTERS

by Audrey M. Fitzpatrick



Our year is winding down and the ladies are looking forward to the summer hiatus. Our last day is June 22nd. We will be back in early September.

Our showcases are attractively arranged with summer outfits for little girls as well as colourful placemats, bookmarks and travelling jewelry cases. Also on display is a wall hanging. It is done with a special technique where the flowers are cut from fabric and arranged in a bouquet with the help of a glue stick. When the design is completed, a piece of mesh is applied over the entire picture and free motion quilted. This gives texture to the flowers. Do have a look. The front desk will help anyone wishing to purchase any of the items.

Our “Doggy” quilt is now finished and has received much attention from those who have seen it. The quilting was magnificently done by Liz Johnston whom we heartily thank. The quilt is now available for sale. Money raised from this and all our projects remains at the Centre for use by the Management Board. Our crafters volunteer their time in producing all our sale items.

We hope everyone has a wonderful summer. We will reconvene in early September in Hall F on Thursday from 9 a.m.-11 a.m. Anyone wishing to join us will be welcomed.

CHAIR'S REPORT

By Janet Laframboise

Good news for our cottagers, Military Whist will be held on Thursday evenings for June, July and August. In September we will resume back to the Friday night schedule.

Canada Day event will be held on July 5th, 11:30-2:00 in Halls A & B. Tickets are \$10.00 and available at the reception desk (cash only and correct change). You have a choice of hamburger or hot dog, salad and dessert included. There will also be door prizes and entertainment.

Mark your calendar for our Ice Cream Social on August 2nd, from 1:00-3:00 pm in Halls A & B. Tickets are \$2.00 and available at the reception desk (cash only and correct change).

Keep checking the summer schedule for events taking place at the Centre. If you do not have air conditioning at home, come to the Centre where you will enjoy the air conditioning as well as spending time with fellow members when taking part in your activities.

The registered activities are also listed and now open for registration. You can visit the front desk to register for your activity.

We are looking for members to join our Volunteer Management Committee, so why don't you join us for a meeting and meet the Members to see if this is something you would like to be part of.

DUPLICATE BRIDGE

by Art McCready



Summer is here and we are looking forward to getting some old and some new members back to duplicate bridge. Numbers are not high, but we have been consistent with 5 to 7 tables on Thursday afternoon and 4 to 6 tables on Friday afternoon.

Scoring:

How do we score our results at our duplicate bridge games? We use the Matchpoints System.

Matchpoints: The more common scoring system in duplicate bridge. You receive 1 point for every pair which played your cards whose score you beat, and 1/2 point for every pair whose score you tied. If you are interested in learning more about scoring and maybe even doing the results sometime, please let me know.

If you need more information please email me at ArthurMcCready@gmail.com. Also, if you want to play and you need a partner please email me. If you want to see the results each week, just send me your email address and I will include you in the duplicate bridge results email.

CRIBBAGE by Sadie Adamson

A warm welcome to all our new cribbage players.

We play eight games on Thursday starting at 1pm until 3pm in the heritage room.

Lots of room for more so if you enjoy the game, come join us.

CURLING by Bob Streicher

FINISHED UNTIL THE FALL



BID EUCHRE by Reg Hall

The recently formed Bid-Euchre Group has been meeting on Mondays at 9:30 'til noon. We are currently a group of some 20 or so members who have gotten together to play a slightly more complex version of the traditional euchre game.



Bid-euchre is played with 2 card decks, using the Jacks to the Aces. Players bid the number of tricks their team (2 player teams) will win in

each hand. Points are awarded based on the achievement (or not) of the suit/bid.

Feel free to join us every Monday (except Stats) in the Heritage Room.

PLEASE NOTE: As of Monday June 26, 2023, the Bid-Euchre Group will move to a summer schedule and will meet on Mondays at 12:30 to 3:00 p.m.

EUCHRE

By Barbara Yurkoski



Currently we have between 60 and 65 euchre players each week. We're not quite back to pre-pandemic levels but former players keep returning and new ones are joining. Many participants are scoring 7 or more lone hands in an afternoon. The rest of us are working on it. Over 60 people enjoyed a free pre-game pizza lunch on May 16. The group will continue to meet throughout the summer, so come out and help keep our numbers up and your skills sharp. Games start every Tuesday at precisely 12:30 p.m. in Hall F.

FUN BRIDGE by Wilma Matchett

NO REPORT PROVIDED



FIVE HUNDRED

by Andy Shorthouse

Summer has finally arrived so why not give 500 a try. We are always looking for new players to come and join us. At present we are averaging 3 to 4 tables of card players. We play on Thursdays from 12:30 pm to 3 pm in the Heritage Room senior center. If you are looking for a few laughs and friendly game of cards come check us out.



High scores for May and June are:

Tina Guindon	4600
Tina Guindon	4010
Peter Newer	3970

5-PIN BOWLING -By *Marsha and Roger Hack*



Monday, April 24th, was our final day of bowling for the 2022/23 season, and was followed immediately afterwards by the end-of-season party at the Mandarin Restaurant. Special achievements during the season were announced and awards presented as follows:

High Average

Men: John Gregoire 188.5

Women: Elaine Atkinson 167.9

High Game (Scratch)

Men: Rick Stewart 290

Women: Claire Ouellette 245

High Series (Scratch)

Men: Pierre Ouellette 692

Women: Jean Ruitter 598

High Game (Handicap)

Men: Ken Ingram 299.4

Women: Suzanne Taylor 291.6

High Series (Handicap)

Men: John Minaker 750.8

Women: Carole Olson 771.8

We hope to see everyone again next season (beginning on September 13th).

We bowl Mondays at 1:00 p.m. at the Merivale Bowling Centre, 1916 Merivale Road, and newcomers are always welcome to join us.

Wishing all an enjoyable summer!

SHORT MAT/LAWN BOWLING
by *Larry Myers*



FINISHED UNTIL THE FALL

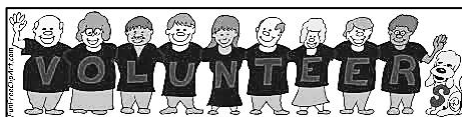
SIXTY-SIX by Emil Dukovac

We are just rapping up the season . My brother John joined the group on the 12 th of June . He was so excited to see Lois getting a “hands-down” hand. All she wanted was a picture showing her hand . We are fortunate to have Steve Toy with Yvette Simple faithfully attend each week, plus Marg Stone and Linda

NEPEAN SONGSTERS

by *Suzan Ascroft*

NO REPORT PROVIDED



VOLUNTEER COORDINATION

By *Dorothy Latour*

Volunteers have reported hours in the year of 2023. Volunteer hours are reported for anything and everything you do to help with any of the events/activities held by the Nepean Seniors Recreation Centre. You can forward your hours to me at dorothy.latour@sympatico.ca.

BABY NEWS

Jennifer Stewart, all of us at the Senior’s Centre would like to wish you the very best with your new little member of your family. Hopefully, you will be able to drop in sometime for show and tell or send in pictures to be published in our Newsletter.

Good luck.

Tasting Other People's Spit

On a recent visit to one of the local fast food outlets, with my grand son, I noticed, how some people would read the free newspaper. Invariably, they would take the paper with them, to their seat and lick their fingers to open each page. Usually at the upper right hand corner, of the right hand page. When they finished reading it, they placed it, back in the rack.

As my grand son was enjoying himself in the playroom, I delayed our leaving so I could keep an eye on the newspaper. This had stirred my curiosity. How many other people had read the free news paper and licked their fingers in the same way? I observed three other people, had read the paper in the same way.

So if you visit a fast food outlet, Doctor's office, Dentist's office, Barber shop, and read, and handle the literature there, you are probably handling many other people's spit.

Now I am an avid card player, Bridge, twice a week, and Euchre, twice a week, it never occurred to me before, but people lick their fingers when playing cards. And, how they lick their fingers! There is the one finger lick, using either the thumb, or index finger, to deal and sort their cards. Then, there is the two finger lick, using both the thumb and index finger, to deal and sort their cards. Of course, there is always the exception to the rule, only one observed. This person spits into his left hand, picks up his cards with his right, and carefully places them in his left hand, then dips the fingers of his right hand into the spit, then sorts his cards. So when playing cards, keep an eye out for the different types of lick. On a close, and watch full eye, card players are swapping each others saliva at an alarming rate, however, not many seem to get sick from other people's saliva

Are you a SPITTER or a LICKER?

By

D. A. (Butch) Carmichael