



NEPEAN SENIORS RECREATION CENTRE

Nepean Sportsplex, 1701 Woodroffe Avenue
Ottawa, Ontario

January/February, 2024

E-mail Maureen.moynahan@ottawa.ca



The Nepean Seniors Centre Staff Team Welcome You!

Maureen Moynahan

The City of Ottawa Spring registration is open. Our spring schedule is available now at the front desk. You can register in person or online at <https://ottawa.ca/en/recreation-and-parks/older-adult-activities>

City of Ottawa - Seniors Centre Membership
We are excited to announce that our four city-operated senior centres now have a harmonized service delivery model for seniors to access specific membership activities.

(It is important to note that this does not impact Registration Programs or Fitness Memberships.)

The four city-operated senior centres are:

- Churchill Seniors Centre, 345 Richmond Road
- Heron Seniors Centre, 1480 Heron Road (Temporarily located at the Carleton Heights Community Centre, 1665 Apeldoorn Avenue, until further notice.)
- Kanata Seniors Centre, 2500 Campeau Drive
- Nepean Seniors Centre, 1701 Woodroffe Avenue

Membership Activities:

Our Seniors Centre Membership provides access to a variety of drop-in activities (volunteer and self-lead), and the transferability to the other Seniors Centre locations. Use the links below to see the unique membership activities offered at each centre. (Please note that some activities require advance reservations.)

Membership Cards:

You can purchase your **Seniors Centre Membership** in person at any of the senior centres listed above. The cost of the annual Seniors Centre Membership is \$31.11.



Program Coordinator's Report
Word from the Board
Activities' Reports

New members will receive a membership card with photo when signing up for their membership or during their first visit.

Existing members will be provided with a new membership card. Over the next few weeks, more information will be provided to existing members (at their respective home site), regarding the roll-out of membership cards.

New Requirement: Scanning

As membership cards are issued, members will be required to scan during each membership activity visit. The scanning stations will be located at each of our centres' designated Customer Service Area. We understand that this new process represents a change to some routines. This is a necessary step to help improve services.

We are listening:

Should you have any questions or concerns, our staff is always there to listen and help accommodate various needs:

Churchill Seniors Centre :

ChurchillSeniors@ottawa.ca

Heron Seniors Center : HSC@ottawa.ca

Kanata Seniors' Centre : KSC@Ottawa.ca

Nepean Seniors Centre :

NepeanSeniorsCentre@ottawa.ca

We thank you in advance for your patience. We look forward to seeing you during your next visit.

BOARD CHAIR *by Steve McIntyre*

I would like to introduce myself as the new chairperson of the volunteer mgt. board here at the Nepean seniors centre. I am retired from the Federal gov't and have been a member of this seniors centre for 21 years. I am recycled as I served as board chair over 10 years ago. I hope we as a board can meet your expectations through our many activities as well as our special events.

ACTIVITIES

CREATIVE CRAFTERS

by Audrey M. Fitzpatrick



Since January we have welcomed 7 new members to our group. This brings us back to pre-covid level. We have had a very successful year. Since September our Treasurer has handed over in excess of \$2500 to the Board for their use here at the Centre. Many thanks to all those who made this possible. The crafters are so appreciative of the help we have received from Maureen in finding us storage space and also to the Board for their kind words of recognition of our efforts. Our ladies take great pride in what they do and are thrilled when their projects sell.

Once again we are in need of wool. If anyone has wool they are not using, please consider donating it to our group. Check out our showcases as they change weekly and offer many useful items. Adult bibs and shrugs are very popular. We now have racks to show off our items. We also welcome new ideas. We meet every Friday from 9-11 a.m. in the Heritage Room. Come join us.

DUPLICATE BRIDGE

by Art McCready



Need information about duplicate bridge, please email me at ArthurMcCready@gmail.com. If you want to play duplicate bridge or you need a partner, please email me.

Duplicate bridge has been part of the Nepean Senior Centre for over 30 years. Over the years many seniors have played and helped out with the running of the game. One of those individuals, Jim Shurtiff, has recently decided to step back from the game after 30+ years of

service. I would like to take a moment and thank him for all his efforts over the past 30+ years. Not only has he helped direct and score, but he has been a mentor to many (including myself) and an ambassador for the club. Thank you for giving so many years of service to the Nepean Senior Centre, Jim. Don't be a stranger as we would all enjoy seeing you back anytime!

Duplicate bridge is played on Thursday and Friday afternoons in Hall F at the Nepean Sportsplex. Games start 12:30pm and are normally done by 3:30pm.



CRIBBAGE by Sadie Adamson

There are a number of new players that have joined the club. A big welcome to each and everyone. Hope you are having a enjoyable time.

We play 8 games starting at 1pm in the Heritage room.

Our Christmas party was a great success with good food, games and door prizes. Thank you to everyone who made it possible.

CURLING by Bob Streicher



Our curling season has progressed nicely again this year, but unfortunately the season will soon be coming to an end. Plans are underway for our year end play-off events, on March 12th and 14th, and for our year-end luncheon, on March 14th. Even still, we welcome new curlers at any point of the season, no matter your level of experience.

We play at the Nepean Sportsplex, at 9 am every Tuesday and Thursday morning, but we ask everyone to be there at least 15 minutes beforehand, to allow us to make up teams. Coffee, snacks and an opportunity to socialize, are provided afterwards. Come when you can, there is no requirement of being available every

day that we play. We make teams up each day, based on who is available on that day.

BID EUCHRE by Reg Hall



The Bid-Euchre Group meets on Mondays at 12:30 until 3:00 in the Heritage Room. Attendees are encouraged to arrive by 12:20 to ensure a timely start to card play.

We are currently a group of some 40 active members who get together to play a more complex version of the traditional euchre card game.

Bid-euchre is played with 2 card decks, using Jacks to the Aces. Players bid the number of tricks their team (normally 2 player teams) will win in each hand. Points are awarded based on the achievement (or not) of the suit/bid.

If you have a working knowledge of how to play traditional euchre, then you should come out and try this version.

At our pizza day and awards ceremony wrapping up our 2023 year, the following highlights were noted:

Overall Highest Average for 2023 -

John Jarvis with a score of 185

High Average Female for 2023 - Stephanie Barrett with a score of 173 and Elaine Dinelle with a score of 173

High Average Male for 2023 - Ed Halla with a score of 182

Highest Single Day Score Female - Elaine Dinelle at 253

Highest Single Day Score Male - John MacMillan at 237

Come out and join us!

EUCHRE

By Barbara Yurkoski



With the new year, the euchre group is still increasing in size, getting closer to the pre-pandemic level of 20 tables or more. To start the year off, Donna Caron surveyed current members to find out their preferences for special events. As a result, the fall Awards banquet will go on. The Christmas lunch will continue to be offered but without the presents. There was low demand for refreshments at the weekly game, so card players have been advised to bring their own if they so desire. Finally, the pizza lunches are on hold as we consider trying something different. Any suggestions?

Everyone is welcome to our friendly group. If you aren't a member yet, consider joining the fun on Tuesday afternoons.

CONTRACT BRIDGE *by Frank Carbonette*

Contract Bridge is played in the Heritage room every Wednesday afternoon. On Saturday, February 3rd, 2024, we held a bridge tournament at the Sportsplex. We had 6 full tables (24 people) registered. Play started at 9:30 in the morning with 5 tables completed in the morning, followed by a nice lunch at noon with another 5 tables in the afternoon.



After all totals were tallied, Joan Newton & Carla Barry ended up being the winners and garnered \$25.00 each. A number of other prizes were given out along with 2 door prizes, \$25.00 Tim Horton's gift cards. A good time was had by all. Anyone interested in playing contract bridge on Wednesday afternoon should contact Frank Carbonette @ frank.carbonette@gmail.com.

FUN BRIDGE *by Evie Ssnarr*

Hello everyone! We are back after many hit and miss



months. We still meet to play bridge on Friday afternoons in the Heritage Room, officially from 1:00 - 3:30 although the die hards arrive much earlier to start playing. We have seen many new members join our group and we welcome them, but we are still way below the number of players we had before covid shut us down which is almost two years ago. We try to accommodate everyone who is there by 1:00 providing we have enough people to make up tables of three.

FIVE HUNDRED *by Andy Shorthouse*

It has been a nice steady year at the 500 club. We have been getting some of our vacationing players back and we continue to get up to 4 tables. We are always looking for more players to come and join us. We play on Thursdays from 12:30 pm to 3 pm in the senior center. If you are looking for a few laughs and friendly game of cards come check us out.



The high scores for Nov to Jan are:

Andy Shorthouse	4180
June Frechette	3850
Andy Shorthouse	3810

FIVE PIN BOWLING *by Roger Hack*

Participation in our Monday afternoon bowling seems to be continuing the trend of previous seasons, with attendance this season often in the 60+ range. Bowling is our main reason for getting together, but the social aspect is a great part of the enjoyment – renewing friendships and enjoying the company of others in a casual and relaxed atmosphere.



Please note: There will be no bowling on March 11th (Spring Break) and on April 1st (Easter Monday).

Our final day of bowling, and end-of-season party, will be on Monday, April 22nd. Although it is a non-competitive bowling "league", we do track averages throughout the season, including high

individual games and 3-game series; and we will be presenting prizes to celebrate special achievements (with and without handicap, so all have a chance to win). A few door prizes will be drawn as well.

Monday afternoon bowling will resume for the 2024/25 season on September 9th. New bowlers are always welcome. Bowling begins at 1:00 p.m., at the Merivale Bowling Centre, 1916 Merivale Road and usually the three games played end approx. 3 PM. Cost is **currently** \$16 per session.

SHORT MAT BOWLING by *Faye Schultz*

The 2023-2024 short mat season is well underway. We have many returning players as well as several new members. New players are always welcome. The only equipment required is clean shoes for playing. Bowls and coaching are provided.

We send our best wishes to Debbie Ferrill who will be competing in the World Short Mat Championships in Belfast, Northern Ireland in March.

SHUFFLEBOARD by Mike Hughes

Shuffleboard is a year round sport played on the CONCOURSE on Mondays and Wednesdays from 12:45 until about 3:00 PM each day, all year around.

We play 4 games and draw tokens to determine on which court you will play. Our members are more of a social group and have fun while getting a bit of exercise. We do not keep records or scores, so it is a *fun activity*.

Discs and cues are available for use. Four crews take turns doing the set-up and clean-up.

Our numbers continue to grow to the point where we have all 7 courts in use most days. With four players to a court -- if our numbers are more than that -- one might be asked to sit out a game, but will be guaranteed a spot in the next game. Everyone will play at least 3 games.

Come and try the game -- "it is fun".

SIXTY SIX by *Emil Dukovac*

We are a small group, but dedicated to keep 66 active !

Even if we only have 5

members that show up, we are happy.

Remember we have been around over 10 years.

New members are always welcome. The last new member is Donald Bissette and he is enjoying the game.

Come and check it out.



SONGSTERS Susan Ascroft

The Nepean Songsters meet in the Heritage Room to practice the music we present at senior's residences in Nepean and Kanata. The piano we have been using is the property of the Senior Centre. (I wonder how many remember the very entertaining talent show/fashion show that helped raise the money to buy it. I was in the audience that evening over 20 years ago.) The piano is no longer functioning well and is not repairable. We asked the Board to consider helping us with funding. Although the new rules mean we can no longer be an activity at the centre, the truth is the members of the choir have been paying membership fees for 30 years. Disappointingly, the Board declined to respond to our formal request. We assume the answer is no. This month the Songsters bought a new piano and put it into service on February 8th, The new keys are shiny and bright. The tone is lovely and the cabinet is pristine. We would ask everyone to please respect the instrument and not to use it as a place for coats and bags. You are very welcome to come join us any Thursday morning to hear our new keyboard and to join us in singing songs you know and love.



VOLUNTEER

By Dorothy Latour

Volunteers have reported hours in the year of 2023. Volunteer hours are reported for anything and everything you do to help with any of the events/activities held by the Nepean Seniors Recreation Centre. You can forward your hours to me at dorothy.latour@sympatico.ca.