



November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Notes: * Means Attendance Draw For a Foot Care Clinic Appointment please call 613-591-3686. The Walking Club will continue in November until the trails are no longer suitable.				1 9:00 Choir, Creative Crafts, Curling 9:30 Walking Club 11:30 Lunch @ Sir Guy 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	2 10:30 Line Dancing 1 12:45 Duplicate Bridge 1:00 Fun Bridge	3
4 12:30 Duplicate Bridge Nepean Songsters concert: Our Favourites 2:00 pm - Centrepointhe Studio Theatre	5 9:30 Walking Club 10:30 Chair Exercise, Line Dancing level 2 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six, Theatre group	6 9:00 Tai Chi, Curling 9:30 Walking Club 12:00 Stage class 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	7 9:00 Foot Care Clinic, Chair Exercise 9:30 Board Meeting 10:30 Bridge lessons 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	8 9:00 Choir, Creative Crafts, Curling Open House 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	9 * 10:00 Travel Photos Workshop 10:30 Line Dancing 1 12:45 Duplicate Bridge 1:00 Fun Bridge	10 10 am – 2:30 pm Contract Bridge Tournament
11 Remembrance Day  12:30 Duplicate Bridge	12 9:30 Walking Club 10:30 Chair Exercise, Line Dancing level 2 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six, Theatre group	13 9:00 Tai Chi, Curling 9:30 Walking Club 12:00 Stage class 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap 4:00 R.C. Casino trip	14 CARP Seniors event Halls A & B 9:00 Chair Exercise 10:30 Bridge lessons 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	15 9:00 Choir, Creative Crafts, Curling 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	16 10:30 Line Dancing 1 12:45 Duplicate Bridge 1:00 Fun Bridge 7:00 Military Whist	17
18 12:30 Duplicate Bridge	19 9:30 Walking Club 10:30 Chair Exercise, Line Dancing level 2 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six, Theatre group	20 9:00 Tai Chi, Curling 9:30 Walking Club 12:00 Stage class 12:45 Euchre 1:00 Cribbage tourney, Carpet Bowling, Tap	21 9:00 Chair Exercise 10:00 Photo Editing Workshop 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	22 9:00 Choir, Creative Crafts, Curling 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	23 * 10:30 Line Dancing 1 12:45 Duplicate Bridge 1:00 Fun Bridge	24
25 12:30 Duplicate Bridge	26 9:30 Walking Club 10:30 Chair Exercise, Line Dancing level 2 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six, Theatre group	27 9:00 Curling 9:30 Walking Club 12:00 Stage class 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	28 9:00 Chair Exercise 10:00 Photobook Workshop 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	29 9:00 Choir, Creative Crafts, Curling 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	30 10:30 Line Dancing 1 12:45 Duplicate Bridge 1:00 Fun Bridge Jan/Feb Hub deadline	

December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Notes: * Means Attendance Draw For a Foot Care Clinic Appointment please call 613-591-3686. X-Country Skiing and Snowshoeing will start in January, weather permitting, Mondays at 10:30 am and Fridays at 1 pm.						1
2 12:30 Duplicate Bridge	3 10:30 Chair Exercise, Line Dancing level 2 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six, Theatre group	4 9:00 Curling 12:00 Stage class 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	5 9:00 Foot Care Clinic, Chair Exercise 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	6 9:30 - 11:00 Christmas Breakfast (Halls A & B) 9:00 Curling 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	7 * 12:45 Duplicate Bridge 1:00 Fun Bridge 7:00 Military Whist Snowsuit Fund deadline	8
9 12:30 Duplicate Bridge	10 10:30 Chair Exercise 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six, Theatre group	11 FOOD 9:00 Curling 12:00 Stage class 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	12 BANK 9:00 Chair Exercise 9:30 Board Meeting 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	13 WEEK 9:00 Choir, Creative Crafts, Curling 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	14 12:45 Duplicate Bridge 1:00 Fun Bridge	15
16 12:30 Duplicate Bridge	17 10:30 Chair Exercise 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six, Theatre group	18 9:00 Curling 12:45 Euchre 1:00 Cribbage, Carpet Bowling	19 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	20 9:00 Curling 12:45 Duplicate Bridge 1:00 Cribbage, 500, Carpet Bowling	21 * 12:45 Duplicate Bridge 1:00 Fun Bridge	22
23 12:30 Duplicate Bridge	24 CLOSED	25 Merry Christmas! 	26 Boxing Day CLOSED	27 The Centre will be open for cards (whatever people want to play) from 12 – 4 p.m.	28 The Centre will be open for cards (whatever people want to play) from 12 – 4 p.m.	29 CLOSED
30 CLOSED	31 CLOSED					