

## May 2019

◀ April

June ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Notes: * Means Attendance Draw</b>  <b>For a Foot Care Clinic Appointment please call 613-591-3686.</b>  <b>^ Line and Tap Dance classes take place at the Creative Arts Centre, 35 Stafford Rd. Bells Corners</b>  <b>The walking club will start as soon as the trails are less muddy.</b>  <b>Please call to make sure it is on before showing up.</b></p>			<p><b>1</b> <i>May Day</i>            9:00 Foot Care Clinic, Chair Exercise            10:30 Bridge Lessons            1:00 Bridge, Floor Shuffleboard            6:30 Duplicate Bridge</p>	<p><b>2</b>            9:00 Choir, Creative Crafts            12:45 Duplicate Bridge            1:00 Cribbage, 500, Tap, Carpet Bowling</p>	<p><b>3</b>            10:00 Nordic Walking            12:45 Duplicate Bridge            1:00 Fun Bridge</p>	<b>4</b>
<p><b>5</b>            12:30 Duplicate Bridge</p>	<p><b>6</b>            9:30 Walking Club            10:30 Chair Exercise, Line Dancing level 2^            1:00 Floor Shuffleboard, Sixty-Six, Theatre Group</p>	<p><b>7</b>            9:00 Tai Chi            9:30 Walking Club            10:00 Fit Minds™            12:00 Singing Group            12:45 Euchre            1:00 Cribbage, Carpet Bowling, Tap</p>	<p><b>8</b>            9:00 Chair Exercise            9:30 <b>Board Meeting</b>            10:30 Bridge Lessons            1:00 Bridge, Floor Shuffleboard            6:30 Duplicate Bridge</p>	<p><b>9</b>            9:00 Choir, Creative Crafts            9:30 Walking Club            12:45 Duplicate Bridge            1:00 Cribbage, 500, Tap, Carpet Bowling</p>	<p><b>10</b> *            10:00 Nordic Walking            12:45 Duplicate Bridge            1:00 Fun Bridge</p>	<p><b>11</b>            10 am – 2:30 pm  <b>Contract Bridge Tournament</b></p>
<p><b>12</b> <i>Mother's Day</i>            12:30 Duplicate Bridge</p>	<p><b>13</b>            9:30 Walking Club            10:30 Chair Exercise, Line Dancing level 2^            1:00 Floor Shuffleboard, Sixty-Six, Theatre Group</p>	<p><b>14</b>            9:00 Tai Chi            9:30 Walking Club            10:00 Fit Minds™            12:00 Singing Group            12:45 Euchre            1:00 Cribbage, Carpet Bowling, Tap</p>	<p><b>15</b>            9:00 Chair Exercise            10:30 Bridge Lessons            1:00 Bridge, Floor Shuffleboard            6:30 Duplicate Bridge</p>	<p><b>16</b>            9:00 Choir, Creative Crafts            9:30 Walking Club            12:45 Duplicate Bridge            1:00 Cribbage, 500, Tap, Carpet Bowling</p>	<p><b>17</b>            10:00 Nordic Walking            12:45 Duplicate Bridge            1:00 Fun Bridge</p>	<p><b>18</b>   <b>CLOSED</b></p>
<p><b>19</b>   <b>CLOSED</b></p>	<p><b>20</b> <i>Victoria Day</i>   <b>CLOSED</b></p>	<p><b>21</b>            9:00 Tai Chi            9:30 Walking Club            12:00 Singing Group            12:45 Euchre            1:00 Cribbage, Carpet Bowling, Tap</p>	<p><b>22</b>            9:00 Chair Exercise            10:30 Bridge Lessons            1:00 Bridge, Floor Shuffleboard            6:30 Duplicate Bridge</p>	<p><b>23</b>            9:00 Choir, Creative Crafts            9:30 Walking Club            12:45 Duplicate Bridge            1:00 Cribbage, 500, Tap, Carpet Bowling</p>	<p><b>24</b> *            10:00 Nordic Walking            12:45 Duplicate Bridge            1:00 Fun Bridge  <b>7:00 Military Whist</b>   <b>Deadline to buy Murder Mystery dinner tickets</b></p>	<b>25</b>
<p><b>26</b>            12:30 Duplicate Bridge</p>	<p><b>27</b>            9:30 Walking Club            10:30 Chair Exercise, Line Dancing level 2^            1:00 Floor Shuffleboard, Sixty-Six, Theatre Group</p>	<p><b>28</b>            9:00 Tai Chi            9:30 Walking Club            12:00 Singing Group            12:45 Euchre            1:00 Cribbage, Carpet Bowling, Tap</p>	<p><b>29</b>            9:00 Chair Exercise            1:00 Bridge, Floor Shuffleboard            6:30 Duplicate Bridge</p>	<p><b>30</b>            9:00 Choir, Creative Crafts            9:30 Walking Club            12:45 Duplicate Bridge            1:00 Cribbage, 500, Tap, Carpet Bowling</p>	<p><b>31</b>            10:00 Nordic Walking            12:45 Duplicate Bridge            1:00 Fun Bridge  <b>Deadline for Jul / Aug articles</b></p>	

June 2019						
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 12:30 Duplicate Bridge	3 9:30 Walking Club 10:30 Chair Exercise, Line Dancing level 2^ 1:00 Floor Shuffleboard, Theatre Group	4 9:30 Walking Club, Cycling Club 12:00 Singing Group 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	5 World Environment Day 9:00 Foot Care Clinic, Chair Exercise 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	6 9:00 Choir, Creative Crafts 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling <b>6:00 Murder Mystery</b>	7 * 10:00 Nordic Walking 12:45 Duplicate Bridge 1:00 Fun Bridge	8
9 12:30 Duplicate Bridge	10 9:30 Walking Club 10:30 Chair Exercise, Line Dancing level 2^ 1:00 Floor Shuffleboard	11 9:30 Walking Club, Cycling Club 12:00 Singing Group 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	12 9:00 Chair Exercise 9:30 <b>Board Meeting</b> 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	13 9:00 Creative Crafts 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	14 10:00 Nordic Walking 12:45 Duplicate Bridge 1:00 Fun Bridge	15
16 Father's Day 12:30 Duplicate Bridge <b>The Seniors Centre is closed June 17. Heritage room programs have been moved to the Richmond room until Sep. 13.</b>	17 9:30 Walking Club 10:30 Chair Exercise 1:00 <b>No</b> Floor Shuffleboard <b>All programs on the Concourse have been cancelled until July 8.</b>	18 Int'l. Picnic Day 9:30 Walking Club, Cycling Club 12:00 Singing Group 12:45 Euchre 1:00 Cribbage, Tap, <b>No</b> Carpet Bowling	19 9:00 Chair Exercise 1:00 Bridge, <b>No</b> Floor Shuffleboard 6:30 Duplicate Bridge	20 9:00 Creative Crafts 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, <b>No</b> Carpet Bowling	21 Nat'l. Aboriginal Day (NT, YT) 12:45 Duplicate Bridge 1:00 Fun Bridge	22
23 12:30 Duplicate Bridge	24 Discovery Day (NL) 9:30 Walking Club 10:30 Chair Exercise	25 9:30 Walking Club, Cycling Club 12:45 Euchre 1:00 Cribbage	26 1:00 Bridge 6:30 Duplicate Bridge	27 9:00 Creative Crafts 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500	28 12:45 Duplicate Bridge 1:00 Fun Bridge	29  <b>CLOSED</b>
30  <b>CLOSED</b>	<b>Notes: * Means Attendance Draw (cancelled after the Draw on June 7 due to the shut-down of the Centre)</b> <b>For a Foot Care Clinic Appointment please call the WOCRC at 613-591-3686.</b> <b>Cycling Club: Every Tuesday at 9:30 am. Call the Centre if you are interested and additional information will be made available.</b> <b>Elevator construction will be from June 17 – September 13. All programs that normally use the Heritage room will be moved to the Richmond room (entrance #4, upstairs). Concourse programs will be cancelled on occasion. Activity Reps will be informed.</b>					