





Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Welcome to 2019!  Centre Closed	2 9:00 Foot Care Clinic, Chair Exercise 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	3 9:00 Curling 12:45 Duplicate Bridge, 500 1:00 Cribbage, Carpet Bowling	4 * 9:00 Chair Exercise 12:45 Duplicate Bridge 1:00 Fun Bridge, snowshoeing, cross- country skiing	
6 12:30 Duplicate Bridge	7 10:30 Chair Exercise, snowshoeing, cross- country skiing, Line Dancing level 2^ 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six	8 9:00 Tai Chi, Curling 12:30 Euchre 1:00 Cribbage, Carpet Bowling	9 9:00 Chair Exercise 9:30 Board Meeting 10:00 Bridge lessons 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	10 9:00 Choir, Creative Crafts, Curling 12:45 Duplicate Bridge, 500 1:00 Cribbage, Carpet Bowling	11 Sir John A. Macdonald Day 9:00 Chair Exercise 10:00 Germany trip presentation 12:45 Duplicate Bridge 1:00 Fun Bridge, snowshoeing, cross- country skiing	
13 12:30 Duplicate Bridge	14 10:30 Chair Exercise, snowshoeing, cross- country skiing, Line Dancing level 2 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six	15 9:00 Tai Chi, Curling 12:30 Euchre 1:00 Cribbage, Carpet Bowling	16 9:00 Chair Exercise 10:00 Bridge lessons, Meet n' Greet for Portugal/Spain trip 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	17 9:00 Choir, Creative Crafts, Curling 12:45 Duplicate Bridge, 500 1:00 Cribbage, Carpet Bowling	18 * 9:00 Chair Exercise 10:30 Line Dancing^ 12:45 Duplicate Bridge 1:00 Fun Bridge, snowshoeing, cross- country skiing 7:00 Military Whist	
20 12:30 Duplicate Bridge	21 10:30 Chair Exercise, snowshoeing, cross- country skiing, Line Dancing level 2 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six	22 9:00 Tai Chi, Curling 12:30 Euchre 1:00 Cribbage, Carpet Bowling	23 9:00 Chair Exercise 10:00 Bridge lessons 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	24 9:00 Choir, Creative Crafts, Curling 12:45 Duplicate Bridge, 500 1:00 Cribbage, Carpet Bowling	25 9:00 Chair Exercise 10:30 Line Dancing 12:45 Duplicate Bridge 1:00 Fun Bridge, snowshoeing, cross- country skiing	
27 Int'l. Day of Commemoration in Memory of the Victims of the Holocaust 12:30 Duplicate Bridge	28 10:30 Chair Exercise, snowshoeing, cross- country skiing, Line Dancing level 2 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six	29 9:00 Tai Chi, Curling 12:30 Euchre 1:00 Cribbage, Carpet Bowling	30 9:00 Chair Exercise 10:00 Bridge lessons 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	31 9:00 Choir, Creative Crafts, Curling 12:45 Duplicate Bridge, 500 1:00 Cribbage, Carpet Bowling	Notes: * Means Attendance Draw For a Foot Care Clinic Appointment please call 613-591-3686. Cross-country skiing and snowshoeing will start January 4, weather permitting, Mondays at 10:30 am and Fridays at 1 pm. ^ Line Dance classes take place at the Creative Arts Centre, 35 Stafford Rd. Bells Corners	

February 2019

◀ January

March ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 * 9:00 Chair Exercise 10:30 Line Dancing 12:45 Duplicate Bridge 1:00 Fun Bridge, snowshoeing, cross- country skiing Mar/Apr Hub deadline	2
3 12:30 Duplicate Bridge	4 10:30 Chair Exercise, snowshoeing, cross- country skiing, Line Dancing level 2 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six	5 Chinese New Year 9:00 Tai Chi, Curling 12:30 Euchre 1:00 Cribbage, Carpet Bowling	6 9:00 Foot Care Clinic, Chair Exercise 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	7 9:00 Choir, Creative Crafts, Curling 12:45 Duplicate Bridge, 500 1:00 Cribbage, Carpet Bowling	8 9:00 Chair Exercise 10:00 Photo Editing 10:30 Line Dancing 12:45 Duplicate Bridge 1:00 Fun Bridge, snowshoeing, cross- country skiing	9
10 12:30 Duplicate Bridge	11 10:30 Chair Exercise, snowshoeing, cross- country skiing, Line Dancing level 2 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six	12 9:00 Tai Chi, Curling 12:30 Euchre 1:00 Cribbage, Carpet Bowling	13 9:00 Chair Exercise 9:30 Board Meeting 10:00 Bridge lessons 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	14 Valentine's Day 9:00 Choir, Creative Crafts, Curling 12:45 Duplicate Bridge, 500 1:00 Cribbage, Carpet Bowling <div style="text-align: center;"></div>	15 Nat'l. Flag of Canada Day * 9:00 Chair Exercise 10:30 Line Dancing 12:45 Duplicate Bridge 1:00 Fun Bridge, snowshoeing, cross- country skiing <div style="text-align: center;"></div>	16
17 12:30 Duplicate Bridge	18 Family Day <div style="text-align: center;"></div> Centre Closed	19 9:00 Tai Chi, Curling 12:30 Euchre 1:00 Cribbage, Carpet Bowling	20 9:00 Chair Exercise 10:00 Bridge lessons 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	21 9:00 Choir, Creative Crafts, Curling 12:45 Duplicate Bridge, 500 1:00 Cribbage, Carpet Bowling	22 9:00 Chair Exercise 10:30 Line Dancing 9:30 Blahs Bash <div style="text-align: center;"></div> 1:00 Snowshoeing, cross- country skiing	23
24 12:30 Duplicate Bridge	25 10:30 Chair Exercise, snowshoeing, cross- country skiing, Line Dancing level 2 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six	26 9:00 Tai Chi, Curling 12:30 Euchre 1:00 Cribbage, Carpet Bowling	27 9:00 Chair Exercise 10:00 Bridge lessons 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	28 9:00 Choir, Creative Crafts, Curling 12:45 Duplicate Bridge, 500 1:00 Cribbage, Carpet Bowling	Notes: * Means Attendance Draw For a Foot Care Clinic Appointment please call 613-591-3686.	