



November 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Notes: * Means Attendance Draw For a Foot Care Clinic Appointment please call Dee at 613-591-3686. The Walking Club will continue in November until the trails are no longer suitable. ^ Line and Tap Dance classes take place at the Creative Arts Centre, 35 Stafford Rd. Bells Corners			1 9:00 Foot Care Clinic, Chair Exercise 10:00 Bridge lessons 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	2 9:00 Choir, Creative Crafts, Curling 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	3 9:00 Chair Exercise 12:45 Duplicate Bridge 1:00 Fun Bridge	4 iPad® Lesson 1 10 am – 1 pm Contract Bridge Tournament at The Ravines Retirement Residence
5 12:30 Duplicate Bridge Nepean Songsters concert: Oh Canada! 2:30 pm at the Centrepointe Studio Theatre	6 9:30 Walking Club 10:30 Chair Exercise, Line Dancing level 2 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six	7 9:00 Tai Chi, Curling 9:30 Walking Club 12:00 Stage class 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	8 9:00 Chair Exercise 9:30 Board Meeting 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	9 9:00 Choir, Creative Crafts, Curling Open House 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	10 * 9:00 Chair Exercise 12:45 Duplicate Bridge 1:00 Fun Bridge	11 Remembrance Day 
12 12:30 Duplicate Bridge	13 9:30 Walking Club 10:30 Chair Exercise, Line Dancing level 2 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six	14 9:00 Tai Chi, Curling 9:30 Walking Club 12:00 Stage class 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	15 9:00 Chair Exercise 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	16 9:00 Choir, Creative Crafts, Curling 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	17 9:00 Chair Exercise 12:45 Duplicate Bridge 1:00 Fun Bridge 7:00 Military Whist	18 iPhone® Lesson 1 10 am – 1 pm
19 12:30 Duplicate Bridge	20 9:30 Walking Club 10:30 Chair Exercise, Line Dancing level 2 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six	21 9:00 Tai Chi, Curling 9:30 Walking Club 12:00 Stage class 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	22 9:00 Chair Exercise 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	23 9:00 Choir, Creative Crafts, Curling 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	24 * 9:00 Chair Exercise 12:45 Duplicate Bridge 1:00 Fun Bridge	25
26 12:30 Duplicate Bridge	27 9:30 Walking Club 10:30 Chair Exercise, Line Dancing level 2 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six	28 9:00 Curling 9:30 Walking Club 12:00 Stage class 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	29 9:00 Foot Care Clinic, Chair Exercise 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	30 9:00 Choir, Creative Crafts, Curling 11:30 Lunch @ Sir Guy 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling		

December 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 9:00 Chair Exercise 12:45 Duplicate Bridge 1:00 Fun Bridge Jan/Feb Hub deadline	2
3 12:30 Duplicate Bridge	4 10:30 Chair Exercise 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six	5 9:00 Curling 12:00 Stage class 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	6 9:00 Foot Care Clinic, Chair Exercise 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	7 9:30 - 11:00 Christmas Breakfast (Halls A & B) 9:00 Curling 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	8 * 9:00 Chair Exercise 12:45 Duplicate Bridge 1:00 Fun Bridge 7:00 Military Whist Snowsuit Fund deadline	9 iPad®/iPhone® Special Event – Apple TV basics 10 am – 1 pm
10 12:30 Duplicate Bridge	11 10:30 Chair Exercise 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six	12 FOOD 9:00 Curling 12:00 Stage class 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	13 BANK 9:00 Chair Exercise 9:30 Board Meeting 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	14 WEEK 9:00 Choir, Creative Crafts, Curling 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	15 9:00 Chair Exercise 12:45 Duplicate Bridge 1:00 Fun Bridge	16
17 12:30 Duplicate Bridge	18 10:30 Chair Exercise 1:00 5 Pin Bowling, Floor Shuffleboard, Sixty-Six	19 9:00 Curling 12:45 Euchre 1:00 Cribbage, Carpet Bowling	20 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	21 9:00 NO Curling 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	22 * 12:45 Duplicate Bridge 1:00 Fun Bridge	23 CLOSED
24 CLOSED	25 Merry Christmas 	26 Boxing Day CLOSED	27 The Centre will be open for cards (whatever people want to play) from 12 – 4 p.m.	28 The Centre will be open for cards (whatever people want to play) from 12 – 4 p.m.	29 The Centre will be open for cards (whatever people want to play) from 12 – 4 p.m.	30 CLOSED
31 CLOSED	Notes: * Means Attendance Draw For a Foot Care Clinic Appointment please call Dee at 613-591-3686. X-Country Skiing and Snowshoeing will start in January, weather permitting, Mondays at 10:30 am and Fridays at 1 pm. ^ Tap Dance classes take place at the Creative Arts Centre, 35 Stafford Rd. Bells Corners					