

May 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:30 Walking Club 10:30 Chair Exercise, Line Dancing level 2 12:45 Euchre 1:00 No Floor Shuffleboard	2 9:00 Tai Chi 9:30 Computer Club, Walking Club 12:45 Euchre 1:00 Cribbage, No Carpet Bowling, Tap	3 9:00 Foot Care Clinic, Chair Exercise 1:00 Bridge, No Floor Shuffleboard 6:30 Duplicate Bridge	4 9:00 Choir, Creative Crafts 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, No Carpet Bowling	5 9:00 Chair Exercise 10:30 Line Dancing level 1 12:45 Duplicate Bridge 1:00 Fun Bridge	
7 12:30 Duplicate Bridge	8 9:30 Walking Club 10:30 Chair Exercise, Line Dancing level 2 12:45 Euchre 1:00 Floor Shuffleboard	9 9:00 Tai Chi 9:30 Walking Club 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	10 9:00 Chair Exercise 9:30 Board Meeting 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	11 9:00 Choir, Creative Crafts 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	12 * 9:00 Chair Exercise 10:30 Line Dancing level 1 12:45 Duplicate Bridge 1:00 Fun Bridge	13 Contract Bridge Tournament at The Ravines – Free, but must sign up in advance 9:30 iPad® 4 – Using the iPad® to get organized
14 Mother's Day 12:30 Duplicate Bridge	15 9:30 Walking Club 10:30 Chair Exercise, Line Dancing level 2 12:45 Euchre 1:00 Floor Shuffleboard	16 9:00 Tai Chi 9:30 Computer Club, Walking Club 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	17 9:00 Chair Exercise 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	18 9:00 Choir, Creative Crafts 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	19 9:00 Chair Exercise 10:00 Nordic Walking 10:30 Line Dancing level 1 12:45 Duplicate Bridge 1:00 Fun Bridge 7:00 Military Whist	20 CLOSED
21 CLOSED	22 Victoria Day CLOSED	23 9:00 Tai Chi 9:30 Walking Club 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	24 9:00 Chair Exercise 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	25 9:00 Choir, Creative Crafts 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	26 * 9:00 Chair Exercise 10:00 Nordic Walking 10:30 Line Dancing level 1 12:45 Duplicate Bridge 1:00 Fun Bridge	27 10:00 iPad® Lesson 1 – For new users or those undecided about purchasing an iPad®.
28 12:30 Duplicate Bridge	29 9:30 Walking Club 10:30 Chair Exercise, Line Dancing level 2 12:45 Euchre 1:00 Floor Shuffleboard	30 9:00 Tai Chi 9:30 Walking Club 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	31 10:00 Island View Suites Field Trip 9:00 Foot Care Clinic, Chair Exercise 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	Notes: * Means Attendance Draw For a Foot Care Clinic Appointment please call Dee at 613-591-3686. The walking club will start as soon as the trails are less muddy. Please call to make sure it is on before showing up. Due to the annual Dance Competitions, Floor Shuffleboard and Carpet Bowling will be cancelled May 1 – 4.		

June 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Notes: * Means Attendance Draw For a Foot Care Clinic Appointment please call Dee at 613-591-3686. ** The Tai Chi Studio is for those who have a good knowledge of Tai Chi. No instruction available. Cost: \$2.25 drop-in fee. Cycling Club: Every Tuesday at 9:30 am. Call the Centre if you are interested and additional information will be made available.				1 9:00 Choir, Creative Crafts 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	2 9:00 Chair Exercise 10:00 Nordic Walking 12:45 Duplicate Bridge 1:00 Fun Bridge Deadline for Jul / Aug articles	3 10:00 iPad® /iPhone® Special Event – Learn how to copy songs and pictures to your iPad® /iPhone®. Learn about iTunes, iCloud and Dropbox.
4 12:30 Duplicate Bridge	5 9:30 Walking Club 10:30 Chair Exercise 12:45 Euchre 1:00 Floor Shuffleboard	6 9:00 Tai Chi Studio** 9:30 Computer Club, Walking Club, Cycling Club 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap	7 9:00 Foot Care Clinic, Chair Exercise 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	8 9:00 Choir, Creative Crafts 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	9 * 9:00 Chair Exercise 10:00 Nordic Walking 12:45 Duplicate Bridge 1:00 Fun Bridge	10
11 12:30 Duplicate Bridge	12 9:30 Walking Club 10:30 Chair Exercise 12:45 Euchre 1:00 Floor Shuffleboard	13 9:00 Tai Chi Studio** 9:30 Walking Club, Cycling Club 12:45 Euchre 1:00 Cribbage, Carpet Bowling, Tap 4:00 Slots Trip	14 9:00 Chair Exercise 9:30 Board Meeting 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	15 9:00 Creative Crafts 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Tap, Carpet Bowling	16 9:00 Chair Exercise 10:00 Nordic Walking 12:45 Duplicate Bridge 1:00 Fun Bridge 7:00 Military Whist	17
18 Father's Day	19 9:30 Walking Club 10:30 Chair Exercise 12:45 Euchre 1:00 Floor Shuffleboard	20 9:00 Tai Chi Studio** 9:30 Computer Club, Walking Club, Cycling Club 12:45 Euchre 1:00 Cribbage, Carpet Bowling	21 9:00 Chair Exercise 1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	22 9:00 Creative Crafts 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Carpet Bowling	23 * 9:00 Chair Exercise 10:00 Nordic Walking 12:45 Duplicate Bridge 1:00 Fun Bridge Last chance to buy Canada Day BBQ tickets!	24
25 12:30 Duplicate Bridge	26 9:30 Walking Club 12:45 Euchre 1:00 Floor Shuffleboard	27 9:00 Tai Chi Studio** 9:30 Walking Club, Cycling Club 12:45 Euchre 1:00 Cribbage, Carpet Bowling	28 9:00 Foot Care Clinic 11:30 CANADA DAY BBQ  1:00 Bridge, Floor Shuffleboard 6:30 Duplicate Bridge	29 9:30 Walking Club 12:45 Duplicate Bridge 1:00 Cribbage, 500, Carpet Bowling	30 10:00 Nordic Walking 12:45 Duplicate Bridge 1:00 Fun Bridge	